

NO. 01 · INTERNSHIP 2026

BENGALURU · PUNE · LONDON

THE MANIFESTO

SCAN TO APPLY

inspireindia.online/internships/app/bnbxinp

7 WEEKS WITH FOUNDERS

YOUR OWN PODCAST

FIELD TAKES

6 CREWS · 7 DESKS

SMALL ROOMS. BIG TAKES. COME BUILD THEM.

An internship with InspireIndia and Brews & Banter · Bengaluru and Pune

ORGANISATIONS

Tarunodaya Foundation × QUELA

PROJECTS

INSPIREINDIA CIVIL ENGAGEMENT SUMMIT

COLD BREWS BNB HOT TAKES

EDITOR'S LETTER

WHAT WE BELIEVE

01 CITIES NEED ROOMS.

Bengaluru and Pune have more group chats than places to meet. We build the places.

02 ARGUING WELL IS A SKILL.

It can be learnt, practised and hosted. Every room we run is built for it.

03 DOING GOOD CAN PAY ITS WAY.

You'll work with a non-profit and a company on the same mission.

04 ACCESS MAKES LEADERS.

Being in the room is half of it. We'll put you in a lot of rooms.

05 MAKE REAL THINGS.

Everything you make goes live, with your name on it.

INSIDE

03 Who's behind it · 04 Two rooms · 05 The crews · 06 The desks · 07 The Founders' Course · 08 Mentors & the challenge · 09 On air · 10 What you get

THE MODEL

TWO ORGANISATIONS. TWO PROJECTS.

Tarunodaya Foundation

NON-PROFIT

Tarunodaya Foundation

A registered Section 8 non-profit. Runs InspireIndia.

QUELA.

COMPANY

Quela

A tech company. Runs the Founders' Course, mentorship and the Innovation Challenge.

GLOBAL

quela.io

↓ THE WORK HAPPENS HERE ↓

INSPIRE INDIA
CIVIL ENGAGEMENT SUMMIT

A TARUNODAYA PROJECT

InspireIndia

Civic dialogue for young people: Third Space, civic summits, workshops, MUNs.

PAN-INDIA

inspireindia.online

COLD BREWS BNB HOT TAKES

GLOBAL PROJECT

Brews & Banter

Live debates every Sunday. A take, a room that argues back, then the bar.

BENGALURU PUNE LONDON

bnbs.in



TWO ROOMS

ONE QUESTION. TWO ROOMS.

Every topic gets argued twice: once around a table with readings, once at a bar with a beer. You get a seat in both, in Bengaluru and Pune.



THIRD SPACE · INSPIREINDIA

THE SEMINAR

THE PLANE

Political and academic

THE ROOM

A civic dialogue club. Readings, research and policy, argued around one table.

WHO'S THERE

Students, researchers, activists, policy people

YOU'LL

Design sessions, write reading packs, record what the room decided

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"AI and jobs: who gets left behind, and what should policy do?"

BREWS & BANTER · GLOBAL

THE BAR

THE PLANE

Social and cultural

THE ROOM

Every Sunday one member brings a take. The room pushes back, then everyone moves to the bar down the lane.

WHO'S THERE

Members, friends, creators, the regulars

YOU'LL

Host, film, clip and package the night

"Would you let AI do your job?"



THE WORK

PICK A CREW. THEN WANDER.

Your home crew is where you start. Any week, you can jump into a shoot, a script or a session somewhere else.

THE FLOOR

RUN THE NIGHT

Sundays, mixers, Third Space and summits, door to mic.

THE TAKES DESK

SHAPE THE ARGUMENT

Research, structure and questions for the room.

THE STUDIO

SHOOT THE PODCAST

Cameras, sound, light, the set.

THE LENS

FILM THE CITY

Events, vox pops and Field Takes.

THE CUTTING ROOM

CUT THE CLIPS

Five shorts an episode. Hooks and thumbnails.

THE NETWORK

GET THE GUESTS

Speakers, venues, colleges and brands.

THE BASICS

THE FINE PRINT, SHORT

8–10
WEEKS

25
HOURS A WEEK, FLEXIBLE

2
CITIES, PLUS REMOTE

7
WEEKS OF THE FOUNDERS' COURSE

2
CERTIFICATES

TBC
ACADEMIC CREDIT

Most of our venues are bars. If you're under the legal drinking age, your shifts are alcohol-free.

THE DESKS

BRING YOUR DEGREE.

Each school gets a desk built around what it studies.

LAW

THE RIGHTS DESK

Flag legal risks before we shoot. New: *BnB v. The State*, a mock trial.

MEDIA

THE BRAND DESK

Run the socials and read the numbers.

JOURNALISM

THE FACT DESK

Check every claim. New: *Banter Notes*, the weekly recap.

LIBERAL ARTS

THE IDEAS DESK

Philosophy and culture nights. New: the season zine.

ENVIRONMENT

THE GREEN DESK

Lakes, trees, heat, water. Greener events.

POLICY

THE POLICY DESK

One-page explainers. New: *The Policy Pint*.

PUBLIC HEALTH

THE WELLBEING DESK

Loneliness, mental health and safer rooms.

ANYTHING ELSE

PITCH A DESK

Studying something we missed? Tell us what your desk would do.



THE FOUNDERS' COURSE

SEVEN WEEKS WITH PEOPLE WHO BUILT THINGS.

Every week a young Bengaluru founder brings a take. The room argues. You leave with something you made.

1	**STARTING UP**	Non-profit or for-profit?
2	**BUSINESS MODELS**	How does a room make money?
3	**CREDIT**	Who gets a loan in India, and who doesn't?
4	**TECH**	How do you build with no tech team?
5	**AI**	Who does AI actually help?
6	**POLICY**	Which rules make or break you?
7	**DEMO DAY**	Pitch what you built.

TO PASS: 6 OF 7 SESSIONS · THE WEEKLY TASK · A PITCH ON DEMO DAY

FROM QUELA

MENTORS, IF YOU WANT THEM

- STARTING A VENTURE
- A CAREER IN TECH
- WORK IN AI
- YOUR SIDE PROJECT

THE QUELA INNOVATION CHALLENGE

PICK A REAL PROBLEM. FIX IT WITH TECH.

- LEGAL INFORMATION
- MISINFORMATION
- PUBLIC GRIEVANCES
- OPEN GOVERNMENT DATA
- DIGITAL EXCLUSION

The best ideas get more time with Quela after the internship.



FROM INSPIREINDIA

SESSIONS WITH UNNI, SID AND NIKUNJ

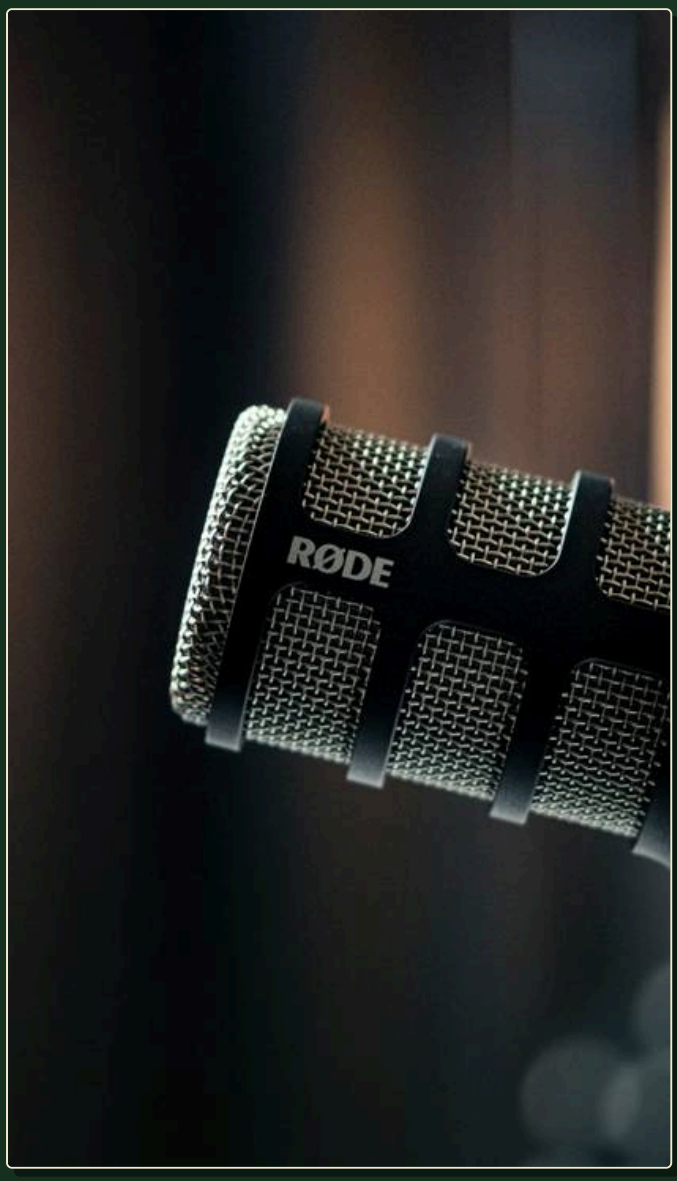
- POLITICAL LITERACY
- SPACE BUILDING
- ARTICLE WRITING
- ORGANISATION BUILDING
- EVENT MAKING
- DEVELOPMENT THEORY
- INTERNATIONAL RELATIONS
- FOREIGN POLICY
- CURRENT AFFAIRS

YOUR OWN MENTEES

Mentor 14–16-year-olds who want to read and write more. Sessions are in groups or supervised, with consent from a parent or school, and you get a safeguarding briefing first.

ON AIR

GET ON THE MIC.





YOUR OWN PODCAST

THE INTERN SHOW

Friends on a couch who actually read the bill. A rotating panel of three or four of you, pop culture to policy in one sitting, and one real fight an episode.

THE CITY SERIES

FIELD TAKES

Every city is an argument. We hear it over a plate at the darshini, the military hotel and the Irani café, from the people who've been there since 1994.

Plus stage time: lightning takes at Sundays, rebuttal slots and sessions at Third Space.

WHAT YOU GET

WHAT YOU WALK OUT WITH.

- MARKETING AND PR EXPERIENCE
- INDUSTRY ACCESS
- RUN YOUR OWN EVENTS
- CONTENT THAT GOES LIVE
- A PODCAST, END TO END
- BRAND DEALS
- RESEARCH CO-AUTHORS
- MENTORS IN YOUR FIELD
- STAGE AND SCREEN TIME
- TWO CERTIFICATES
- THE CITY, TOGETHER
- FRIENDS WHO STAY

WE WANT PEOPLE WHO

- have opinions and listen anyway
- ship on time
- are curious about the city
- aren't scared of a hard conversation

HOW TO APPLY

1. **Fill in the form.** Name, school, city, crew.
2. **Send a 60-second take.** Vertical video, no edit.
3. **Do a one-hour task.** We'll send one for your crew.

SMALL CROWDS. BIG TAKES.

Tarunodaya Foundation

INSPIREINDIA CIVIL ENGAGEMENT SUMMIT

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QUELA.

SCAN TO APPLY

inspireindia.online/internships/app/bnbxinp

inspireindia.online · bnbs.in · quela.io · Dates and academic credit to be confirmed